

PROSPECT ROAD ELEMENTARY SCHOOL

2199 Prospect Road, Hatchet Lake, NS

Phone 902-852-2441: Main Office

Email pres@hrce.ca

Principal: Kim Michaud-Wheatley

Vice Principal: Malena Matthews

Administrative Assistants: Louise Marriott and Margaret Berringer

Allergies

An important reminder to check that school snacks/meals are **peanut AND tree nut free**.

Safe Arrival

To report an absence, parents and guardians can call 1-833-582-6940. This number is available 24/7. Absences can be reported in advance, up to 9 AM on the morning of the absence.

April Dates

1st Progress Conferences (Evening)

2nd World Autism Awareness Day

2nd Professional Practice (Morning) and Progress Conferences (Afternoon – No Classes for students)

2nd Pre-Primary Open House (Afternoon)

3rd Good Friday - No Classes

6th Easter Monday – No Classes

19th-25th is National Volunteer Week

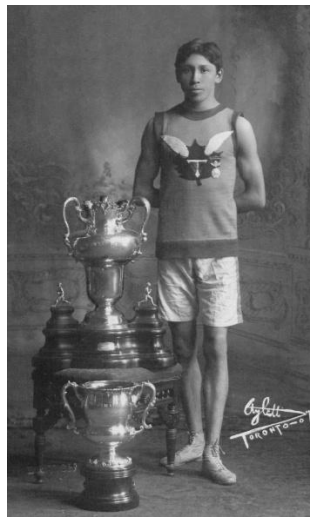
22nd Earth Day

22nd Administrative Professionals Day

23rd Arts Night 6:00 PM – 7:30 PM

29th Professional Practice – No Classes

Indigenous Athlete of the month



Tommy Cogwagee Longboat (1886–1949) was a renowned distance runner from the Onondaga First Nation in Ontario who dominated long-distance racing in the years leading up to World War I. In 1907, he achieved a remarkable victory at the Boston Marathon, completing the 24½-mile course in a record time of 2:24:24—nearly five minutes faster than any of the previous ten winners. Known for his incredible endurance and his signature finishing burst of speed, Longboat became one of the most celebrated runners of his era. In 1916, at the height of his successful and lucrative career, he chose to enlist in the Canadian Armed Forces. Serving in France as a dispatch carrier, his stamina proved invaluable under dangerous conditions; he was wounded twice and even mistakenly declared dead during his service.

Running Club

Running Club: The next session of Kids Run Club at PRES will begin (April 2026) as soon as weather permits and will be integrated into the Physical Education Curriculum during Physical Education Classes. Therefore, all students from grades Primary to 5 will be encouraged to participate. NOTE: There will not

be a permission slip for the Run Club because students will be staying on school property. If you have any questions or concerns, please call the school at 902-852-2441.



Autism Awareness Day is an opportunity to recognize and celebrate the many strengths and experiences of autistic children and youth in our school communities. For families, it's a moment to reflect on the importance of feeling seen, heard, and supported — not just today, but every day.

In our schools, awareness is only the beginning. True inclusion comes from acceptance, understanding, and a commitment to meeting each student where they are. When educators, students, and families work together to build empathy and reduce barriers, we create environments where every child can thrive.

Recognized globally on April 2, World Autism Awareness Day, led by the United Nations, highlights the importance of improving quality of life and upholding the rights of autistic individuals. This year's theme, "Autism and Humanity – Every Life Has Value," reminds us that every person deserves dignity, respect, and the opportunity to thrive, both in school and beyond.

FROM HRCE

Try Carpool Conversations with your Kids

Looking for an easy way to talk with your child about their digital world? Carpool Conversations from Common Sense Media offers short, engaging prompts and mini podcasts designed to spark family discussions about technology, media use, and online behaviour. Many episodes are only a couple of minutes long, perfect for a car ride or while waiting for practice to start. Explore the conversation starters [here](#).

The "Amazing" Adventure Guide

[Unplugged Canada](#) encourages families to reclaim childhood by creating more opportunities for outdoor adventure, independence, and real-world responsibility. Research shows that children thrive when they spend more time exploring their neighbourhoods, solving problems with friends, and contributing meaningfully at home and in their communities. Simple steps like walking to a neighbour's house, biking to a local park, helping plan a family meal or running small errands help kids build confidence, resilience and practical life skills.

Families can support this shift by intentionally creating space for free, unsupervised play and increasing responsibility over time. That might mean designating "no-adult" play zones, encouraging kids to gather in groups of three or more for creative play, or giving them meaningful household roles such as helping with groceries, cooking or caring for pets.

It can feel challenging to step back, but children build independence by practicing it. Families can make it easier by teaming up with other parents in their neighbourhood to create shared boundaries for safe roaming and outdoor play. For more ideas and practical steps, see the full guide: [The "Amazing" Adventure Guide](#) from Unplugged Canada.

